



# GRANT ELEMENTARY


# GRIZZLY NEWS

## April 2024

### CONTACT US

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Wisconsin Rapids WI 54494

Phone: 715-424-6766

 Grant Elementary-WRPS

### From the Desk of Mrs. Calteux....

Can you believe it? April is here! April brings with it a busy schedule filled with important events and activities for our students and families.

#### **\*\*Forward Testing for 3rd, 4th, and 5th Graders\*\***

Throughout the month of April, our 3rd, 4th, and 5th graders will be engaged in Forward testing. We encourage families to ensure their students are well-rested and prepared for these assessments. The assessments that have been completed have gone well and we are very proud of the time students are taking to carefully complete the questions. Way to go, Grizzlies! Keep up the good work!

#### **\*\*Eclipse Viewing\*\***

This will be a fantastic opportunity for our students to witness this celestial event on Monday, April 8th. If weather permits, classes will have the opportunity to safely view this event that afternoon.

#### **\*\*Severe Weather and Tornado Awareness Week\*\***

From April 8th to April 12th, we will observe Severe Weather and Tornado Awareness Week. As part of our safety protocols, we will be conducting a drill at 1:45 on April 11th. We kindly ask parents to review what to do at home in case of severe weather or a tornado.

#### **\*\*Grant School Night at McMillian Memorial Library\*\***

We invite all families to join us for Grant School Night at McMillian Memorial Library on Thursday, April 11th, from 6-7pm. This special evening will feature a free concert by Tom Pease, providing a wonderful opportunity for families to enjoy music together. This event is sponsored by our Grant PAG. Thank you!!

#### **\*\*Grant School Community Night on May 15th\*\***

Mark your calendars for our Grant School Community Night on May 15th! We will be celebrating our Run/Walk Club 5K with various activities, delicious food, and exciting raffle baskets at the event. We are looking forward to seeing all families in attendance at this fun-filled event! Stay tuned for more details.

As always, thank you for your continued support and involvement in our school community. We look forward to a fantastic month ahead!

Happy Spring,

Mrs. Calteux  
Principal, Grant Elementary School

**PLEASE CALL BEFORE 11 AM  
WITH AFTER SCHOOL CHANGES**



### April Calendar

- 10 Field Trip / Junior Coaches to Al McGuire Center
- 19 NO SCHOOL  
PD day for staff
- 24 Field Trip / 4th-5th Grades to Wisc. Rapids PAC

### MEALTIME PRICES

Check account via [Family Access](#)

#### Breakfast

Paid	\$1.50
Free/Reduced	\$0.00

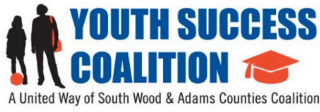
#### Lunch

Paid	\$2.15
Reduced	\$0.40

#### Milk

**\$0.45**

Students who take milk w/cold lunch, or an extra milk w/hot lunch, will be **charged \$0.45**, regardless of pay status (i.e., Free, Reduced).



## Children's Book Donations Needed in April

We need your help-and your books! Starting April 1st and running through April 26th, United Way will accept new or gently used children's books to be distributed at Great Book Giveaway events in June.

Board books and easy readers are needed most, but any new or used children's book in good condition will be accepted. Books, or monetary donations can be brought to the United Way office at 351 Oak Street in Wisconsin Rapids between 8:30 am and 4:00 pm any weekday.

The Great Book Giveaway is a fun, annual event that impacts hundreds of youth each year, aligning with the goal of the Youth Success Coalition. Please consider donating to support this initiative, and help close the literacy gap in our community.

Books collected in this drive will be provided to children free of charge-a simple act that can be life changing for the many families who can't afford to purchase books. For more information contact Ben Eberlein at 715-421-0390 or [ben@uwsvac.org](mailto:ben@uwsvac.org).



United Way of South Wood & Adams Counties



# WRPS

## 4-YEAR-OLD KINDERGARTEN

# Registration is Open

**2024-2025 SCHOOL YEAR**

Child must be 4 years old by September 1, 2024.



### Questions about 4K?


Contact:

Pitsch Early Learning Center  
715.424.6779

Tracy Weiss, 4K Administrative Assistant  
[Tracy.Weiss@wrps.net](mailto:Tracy.Weiss@wrps.net)

Teri Thomas, 4K Coordinator  
[Teri.Thomas@wrps.net](mailto:Teri.Thomas@wrps.net)

**ENROLL NOW**

 WRPS Enrollment Center  
311 Lincoln Street

Visit [WRPS.org](http://WRPS.org) - Families -Registration/Enrollment to pre-print your registration paperwork.



**WISCONSIN RAPIDS  
PUBLIC SCHOOLS**

**APRIL 2024**

**SCHOOL  
NURSE  
NEWSLETTER**



### **Allergies and Asthma**

With warmer weather, many people notice an increase in allergy symptoms (congestion, runny nose, coughing, sneezing, itchy eyes, etc.) and asthma flare-ups. If you notice these symptoms in your child and they have no history of seasonal allergies or asthma, we encourage you to discuss the symptoms with their doctor, so you can determine if medication (whether over the counter or prescription) is needed. Also, please be sure to keep an eye on your student's inhalers to be sure they are not expired and have enough puffs before an asthma attack occurs!

### **Sleep for Well-Being**

Is your child getting enough sleep? A child's overall health, well-being, and ability to focus in school could be affected by inadequate sleep. If your child does not get enough sleep they could have a higher risk for many health problems such as poor mental health, obesity, injuries, or behavioral problems that can contribute to poor academic performance in school. We encourage parents to discuss any medical or sleep concerns with their child's physician.

Here is the link to more information and what parents can do at home to help. [CDC: Sleep and Health](#)

Per the CDC:

- 6 out of 10 middle schoolers do not get enough sleep
- 7 out of 10 high schoolers do not get enough sleep

How much sleep someone needs depends on their age. The **American Academy of Sleep Medicine** has made the following recommendations for

children and adolescents:

#### **Recommended Hours of Sleep Per Day:**

- 6–12 years 9 to 12 hours per 24 hours
- 13–18 years 8 to 10 hours per 24 hours

### **REMINDER: Immunizations**

*Please review the following schedule and make sure your child is compliant by next school year. Parents can schedule a nurse visit at the doctor's clinic to get vaccinations.*

*Parents may contact Wood County Public Health for more information on their Immunization Clinic at 715-421-8911 to see if their child is eligible. See brochure for more information. [English, Hmong & Spanish Brochure](#)*

#### **Required Immunizations for School:**

\*\*\*\*\*5 months through 15 months:

2 DTP/DTaP/DT, 2 Polio, 2 Hep B, 2 Hib, 2 PCV

\*\*\*\*\*16 months through 23 months:

3 DTP/DTaP/DT, 2 Polio, 1 MMR, 2 Hep B, 3 Hib, 3 PCV

\*\*\*\*\*2 years through 4 years:

4 DTP/DTaP/DT, 3 Polio, 1 MMR, 1 Var, 3 Hep B, 3 Hib, 3 PCV

\*\*\*\*\*Kindergarten through grade 6:

4 DTP/DTaP/DT, 4 Polio, 2 MMR, 2 Var, 3 Hep B

\*\*\*\*\*Grade 7 through grade 12:

4 DTP/DTaP/DT, 1 Tdap 4 Polio, 2 MMR, 2 Var, 3 Hep B

If your child should not receive immunizations for any reason, please fill out the waiver found at the bottom of the record form signed by a parent or guardian, and return it to the school nurse.

If your child should not receive immunizations due to a medical concern, please discuss it with your child's physician.

The updated student immunization record form is available here: [Student Immunization Record](#).





Wisconsin Works  
helps parents find  
jobs while supporting  
their families.

# Wisconsin Works

**Ready to achieve your dreams?**

Give us a call:

**Wisconsin Works** 855-733-1311

- financial help
- job skills training
- interview prep
- transportation funds
- childcare assistance



Wisconsin Works can  
help you find and keep  
a great job.

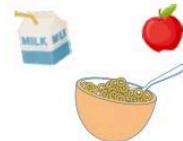
This institution is an  
equal opportunity  
provider.




[www.fsc-corp.org](http://www.fsc-corp.org)

Starting the day with a healthy school breakfast is a simple way to help kids get the nutrition they need to learn, grow, and be healthy.

To learn more about the benefits of breakfast, check out this video from USDA's Team Nutrition: <https://www.fns.usda.gov/tn/kids-are-stronger-school-breakfast>.



<b>M</b> 1 COLD CEREAL CHEESE STICK	<b>T</b> 2 EGG + CHEESE BREAKFAST SANDWICH	<b>W</b> 3 BAGEL W/ CREAM CHEESE CHEESE STICK	<b>TH</b> 4 HOMEMADE GRANOLA YOGURT	<b>F</b> 5 EGG + CHEESE BREAKFAST BURRITO
<b>M</b> 8 COLD CEREAL CHEESE STICK	<b>T</b> 9 HOMEMADE CINNAMON COFFEE CAKE YOGURT	<b>W</b> 10 BREAKFAST PIZZA	<b>TH</b> 11 WHOLE GRAIN MUFFIN YOGURT	<b>F</b> 12 CHEESE OMELET WHOLE GRAIN TOAST
<b>M</b> 15 COLD CEREAL CHEESE STICK	<b>T</b> 16 EGG, CHEESE & POTATO BREAKFAST BOWL W/ WG BISCUIT	<b>W</b> 17 BAGEL W/ CREAM CHEESE CHEESE STICK	<b>TH</b> 18 HOMEMADE GRANOLA YOGURT	<b>F</b> 19 <b>NO SCHOOL PROFESSIONAL DEVELOPMENT DAY</b>
<b>M</b> 22 COLD CEREAL CHEESE STICK	<b>T</b> 23 EGG + CHEESE BREAKFAST SANDWICH	<b>W</b> 24 BREAKFAST PIZZA	<b>TH</b> 25 WHOLE GRAIN MUFFIN YOGURT	<b>F</b> 26 CHEESE OMELET WHOLE GRAIN TOAST
<b>M</b> 29 COLD CEREAL CHEESE STICK	<b>T</b> 30 BISCUIT & SAUSAGE BREAKFAST SANDWICH	<p>Questions about school breakfast or lunch? Contact us at <a href="mailto:schoolnutrition@wrps.net">schoolnutrition@wrps.net</a></p> 		

### SELECTION OF MILK & FRUIT OFFERED DAILY

**BREAKFAST PRICES**

PAID: \$1.50

FREE & REDUCED: NO CHARGE

ADULT: \$2.60 CHILD VISITOR: \$2.00

MENU ITEMS SUBJECT TO CHANGE



FOLLOW US @WRSCHOOLNUTRITION

[WRPS.ORG/FOODSERVICE](http://WRPS.ORG/FOODSERVICE)

**REAL FOOD FOR RAPIDS KIDS**





# APRIL LUNCH MENU

ELEMENTARY

\*DAILY ENTREE INCLUDES A CHOICE OF OPTION 1 OR OPTION 2  
\*ALL BREAD/GRAINS OFFERED ARE WHOLE GRAIN RICH

Snap Up Sweet Peas during April's Harvest of the Month! Peas have been found in historical sites dating nearly 10,000 years old. Peas are thought to have originated from either Thailand and Myanmar, the Middle East, or Ethiopia.

Fresh Sweet Peas grown in Wisconsin are available in June and July. Did you know that Wisconsin ranks third in the nation for the processing of peas? How neat! You can find them on our salad bar throughout the month.

<p><b>M 1</b></p> <p>BREADED CHICKEN PATTY ON BUN OR BEEF TACO QUESADILLAS SALSA</p> <p>Vegetarian Baked Beans</p>	<p><b>T 2</b></p> <p>WHOLE GRAIN TOASTED CHEESE SANDWICH OR TURKEY SANDWICH</p> <p>Tomato Soup Saltine Crackers</p>	<p><b>W 3</b></p> <p>TURKEY IN GRAVY OR CRUNCHY FISH STICKS</p> <p>Homemade Roll Mashed Potatoes Steamed Broccoli</p>	<p><b>TH 4</b></p> <p>PORTESI CHEESE FRIES PIZZA SAUCE OR BREAKFAST POWER PACK</p>	<p><b>F 5</b></p> <p>HOT HAM &amp; CHEESE ON PRETZEL BUN OR FALAFEL PITA WITH DICED CUCUMBERS &amp; TOMATOES TZATZIKI SAUCE</p>
<p><b>M 8</b></p> <p>TURKEY HOT DOG ON BUN OR SLOPPY JOE</p> <p>Seasoned Potato Wedges</p>	<p><b>T 9</b></p> <p>CHEESE FILLED BREADSTICKS PIZZA SAUCE OR CHICKEN DRUMSTICK HOMEMADE ROLL</p>	<p><b>W 10</b></p> <p>HOMEMADE CHILI SALTINE CRACKERS OR YOGURT &amp; STRING CHEESE</p> <p>Rotini Noodles</p>	<p><b>TH 11</b></p> <p>POPCORN CHICKEN BREADSTICK OR HAM SANDWICH</p>	<p><b>F 12</b></p> <p>CHEESEBURGER OR BREADED FISH PATTY ON BUN</p> <p>Pickles</p>
<p><b>M 15</b></p> <p>TERIYAKI CHICKEN OR CRUNCHY FISH STICKS</p> <p>Brown Rice</p>	<p><b>T 16</b></p> <p>SOFT SHELL PORK TACO OR CHEESE QUESADILLA</p> <p>Shredded Lettuce Diced Tomatoes Salsa</p>	<p><b>W 17</b></p> <p>CHICKEN NUGGETS HOMEMADE ROLL OR PIZZABLE</p> <p>Sweet Potato Fries</p>	<p><b>TH 18</b></p> <p>ITALIAN MEAT SAUCE SPAGHETTI BREADSTICK OR HAM &amp; CHEESE WRAP</p> <p>Steamed Corn</p>	<p><b>F 19</b></p> <p>NO SCHOOL PROFESSIONAL DEVELOPMENT DAY</p>
<p><b>M 22</b></p> <p>CHEESE OR PEPPERONI PIZZA OR SUNBUTTER &amp; JELLY SANDWICH STRING CHEESE</p>	<p><b>T 23</b></p> <p>HAMBURGER OR VEGGIE BURGER</p> <p>Taco Chips / Salsa Pickles</p>	<p><b>W 24</b></p> <p>CHEESE QUESADILLA OR CHICKEN FAJITA</p> <p>Shredded Lettuce Salsa</p>	<p><b>TH 25</b></p> <p>MACARONI &amp; CHEESE HOMEMADE ROLL OR TURKEY BURGER</p>	<p><b>F 26</b></p> <p>HOMEMADE LASAGNA OR YOGURT &amp; STRING CHEESE</p> <p>Homemade Roll</p>
<p><b>M 29</b></p> <p>CHICKEN STRIP WRAP OR HAM SANDWICH</p>	<p><b>T 30</b></p> <p>PORK NACHOS OR HOMEMADE BEAN &amp; CHEESE BURRITO</p> <p>Spanish Rice Salsa Lettuce / Tomatoes</p>	<p><b>A SALAD BAR WITH FRESH FRUIT AND VEGETABLE OPTIONS ARE AVAILABLE DAILY WITH YOUR LUNCH.</b></p>		

**MILK, FRESH FRUIT + VEGETABLES OFFERED DAILY**

**KNOW YOUR FOOD**

- VEGETARIAN
- FARM TO SCHOOL
- HARVEST OF THE MONTH

**LUNCH PRICES**

PAID: \$2.15    REDUCED: \$0.40  
FREE: NO CHARGE  
ADULT: \$4.65    CHILD VISITOR: \$3.00



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